

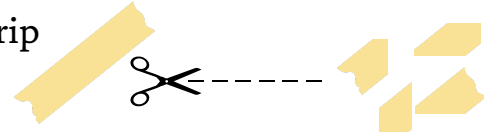
BUPRENORPHINE (BUP) MICRO-INDUCTION

HOME INSTRUCTIONS

START with 1 total 2mg bup strip

CUT into 4 pieces

For DAYS 1 AND 2



IMPORTANT

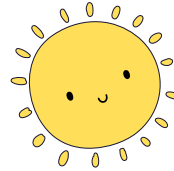
If you develop worsening symptoms at any time while taking buprenorphine at home, go to the Emergency Room.

DAY 1

Take 1/4 strip in the morning.

DAY 2

Take 1/4 strip 2x a day.

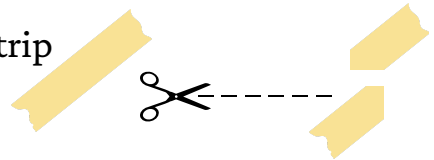


NEXT

START with 1 total 2mg bup strip

CUT into 2 pieces

For DAY 3



DAY 3

Take 1/2 strip 2x a day.

NEXT

You will use 17 full strips across DAYS 4, 5, 6, AND 7

DAY 4

Take 1 strip 2x a day.

Start decreasing your drug use.

DAY 5

Take 1 strip 3x a day.

Continue to decrease your drug use.

DAY 6

Take 1 strip 4x a day.

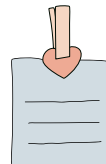
Continue to decrease your drug use.

DAY 7

Take 2 strips 4x a day. Stop your drug use.

You should not have any withdrawal.

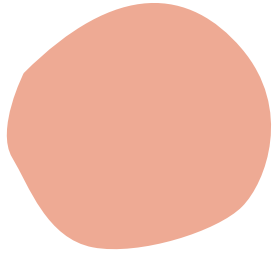
SEE ATTACHMENT



"Extra Medications to Make You Feel Better"
to help with side effects

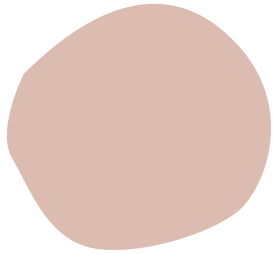
BUPRENORPHINE (BUP) MICRO-INDUCTION

Extra Medications to Make You Feel Better



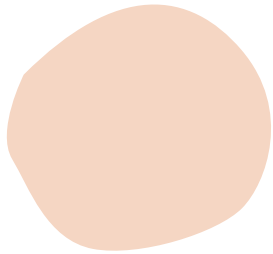
FOR NAUSEA AND/OR VOMITING

- Take ZOFRAN® 4mg every 6–8hrs



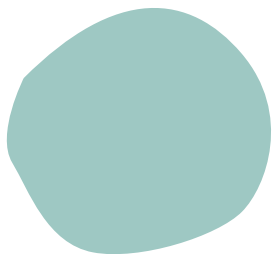
FOR DIARRHEA

- Take IMODIUM® 2mg every 2hrs; *up to 16mg in 24hrs*



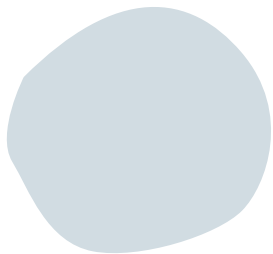
FOR BODY ACHES

- Take IBUPROFEN 600mg every 6–8hrs
- Take ACETAMINOPHEN 500mg 3x a day as needed



FOR ANXIETY

- Take HYDROXYZINE 25–50mg every 8hrs
- Take GABAPENTIN 300mg 3x a day
- Take TIZANIDINE 2mg 3x a day,
OR CLONIDINE 0.1mg 2x a day



FOR SLEEP

- Take HYDROXYZINE as above,
OR TRAZODONE 50mg at night

**Talk to your doctor or prescriber about
which of these medications are safe for you.**