

OPIOID USE DISORDER & METHADONE TREATMENT

What you should know



Methadone brand names: DOLOPHINE®, METHADOSE®

Methadone use & effects: blunts opioid effects, reduces cravings, reduces withdrawal

Methadone is a **safe & effective** medication used to help people struggling with Opioid Use Disorder. Treatment with methadone is more effective than treatment without medication.



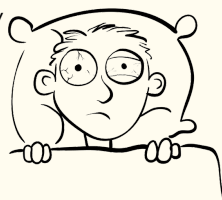
Opioid Use Disorder (OUD)

It's a chronic lifelong disease with serious potential outcomes including disability, relapse, overdose, & death.

Opioid Use Disorder Symptoms

OUD is a period of opioid use leading to distress, with at least 2 of the following occurring within a 12-month period:

- Exceed intended duration of use
- Desire to cut down use but unable
- Great deal of time involved with use
- Cravings
- Interferes with obligations
- Continued use despite problems
- Important activities sacrificed
- Continued use despite physically hazardous situations
- Continued use despite acknowledgment of problems
- Tolerance
- Withdrawal



Methadone Treatment FAQ

OUD is a disease that requires evidence-based treatment. It's not a moral failing. Talk to your provider about methadone, 1 of 3 safe & effective Medications for Opioid Use Disorder (MOUD).



Advantages: strength & efficacy; effective in suppressing opioid use & reducing overdose

Formulations: oral tablet; oral suspension (liquid in a cup); injection

Risks: withdrawal symptoms are present when discontinued; withdrawal symptoms are more heightened than buprenorphine if suddenly discontinued

Local Methadone Treatment Clinics

Camden County Location:

Delaware Valley Clinic
7980 South Crescent Boulevard
Pennsauken Township, NJ 08109
Phone: 856.665.5100

Intake Appointments: Mondays & Fridays,
5:30 AM–9:30 AM

Core Services: clinical evaluation; counseling (individual, family, group); psychoeducational programming; tele-counseling options



Salem County Location:

Pinnacle Treatment Center
250 South Broadway
Pennsville, NJ 08085
Phone: 856.369.4707

Intake Appointments: Tuesdays & Fridays,
7:00 AM–11:00 AM

Core Services: clinical evaluation; patient education classes; individualized treatment plans; counseling (individual, family, group); tele-counseling options

For Patients & Loved Ones

CDC: Opioid Basics—Information for Patients
[cdc.gov/drugoverdose/patients/index.html](https://www.cdc.gov/drugoverdose/patients/index.html)

Treatment for OUD Before, During, & After Pregnancy
[cdc.gov/pregnancy/opioids/treatment.html](https://www.cdc.gov/pregnancy/opioids/treatment.html)

SAMHSA: Substance Use Disorder Treatment Locator
[findtreatment.gov](https://www.findtreatment.gov)

NJ Harm Reduction Centers:
nj.gov/health/hivstdtb/sap.shtml

Southern NJ MAT Center of Excellence:
Naloxone Distribution & Training Programs Guide
bit.ly/snjmatcoenxguide20

