

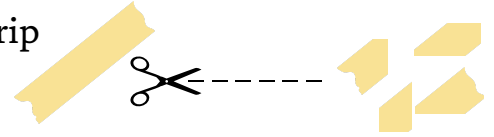
# BUPRENORPHINE (BUP) MICRO-INDUCTION

## HOME INSTRUCTIONS

START with 1 total 2mg bup strip

CUT into 4 pieces

For DAYS 1 AND 2



### IMPORTANT

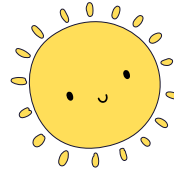
*If you develop worsening symptoms at any time while taking buprenorphine at home, go to the Emergency Room.*

**DAY 1**

Take 1/4 strip in the morning.

**DAY 2**

Take 1/4 strip 2x a day.

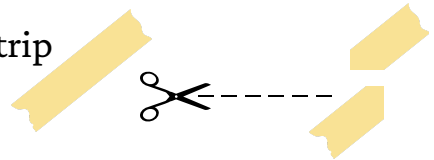


## NEXT

START with 1 total 2mg bup strip

CUT into 2 pieces

For DAY 3



**DAY 3**

Take 1/2 strip 2x a day.

## NEXT

You will use 17 full strips across DAYS 4, 5, 6, AND 7

**DAY 4**

Take 1 strip 2x a day.

Start decreasing your drug use.

**DAY 5**

Take 1 strip 3x a day.

Continue to decrease your drug use.

**DAY 6**

Take 1 strip 4x a day.

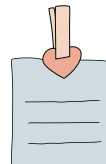
Continue to decrease your drug use.

**DAY 7**

Take 2 strips 4x a day. Stop your drug use.

You should not have any withdrawal.

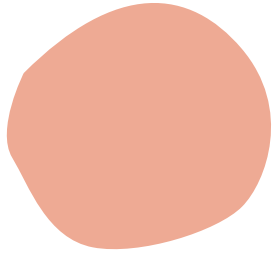
## SEE ATTACHMENT



"Extra Medications to Make You Feel Better"  
to help with side effects

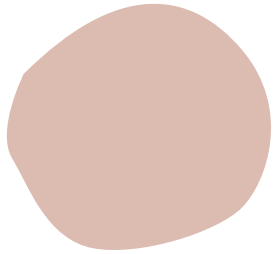
# BUPRENORPHINE (BUP) MICRO-INDUCTION

## *Extra Medications to Make You Feel Better*



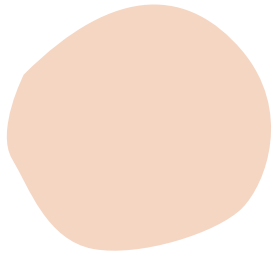
### FOR NAUSEA AND/OR VOMITING

- Take ZOFRAN® 4mg every 6–8hrs



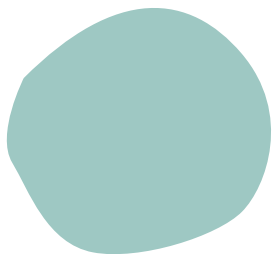
### FOR DIARRHEA

- Take IMODIUM® 2mg every 2hrs; *up to 16mg in 24hrs*



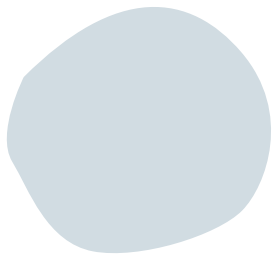
### FOR BODY ACHES

- Take IBUPROFEN 600mg every 6–8hrs
- Take ACETAMINOPHEN 500mg 3x a day as needed



### FOR ANXIETY

- Take HYDROXYZINE 25–50mg every 8hrs
- Take GABAPENTIN 300mg 3x a day
- Take TIZANIDINE 2mg 3x a day,  
**OR** CLONIDINE 0.1mg 2x a day



### FOR SLEEP

- Take HYDROXYZINE as above,  
**OR** TRAZODONE 50mg at night

**Talk to your doctor or prescriber about  
which of these medications are safe for you.**

#### Recommended Citation

Haroz R, Milburn C, Fortunato P, Baston K. E. Buprenorphine Micro-Induction Algorithm for Patients. *Center for Healing, Southern NJ MAT Center of Excellence*. 2022.